

Our Mother of Perpetual Help Parish and St. Patrick's Parish

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July 25th & August 1st, 2021

Seventeenth & Eighteenth Sundays of Ordinary Time

LITURGICAL LIFE IN OUR PARISHES

No registration is required to attend weekday or weekend Masses.

Tues.	July	27	11:00 A.M.	Lionel Boutet by Lucy Sowinski
Wed.	July	28	11:00 A.M.	St. Pat's: Marjorie Leonard by Claire
Thurs.	July	29	11:00 A.M.	For the ending of of the COVID-19 pandemic, for the deceased and for those who are suffering and affected by the pandemic
Fri.	July	30	11:00 A.M.	Robert Ruddy by Deacon Larry & Lucy Duke
			11:30AM-12:30PM	Adoration of the Blessed Sacrament

EIGHTEENTH SUNDAY OF ORDINARY TIME

Sunday 11AM Mass will be live-streamed on our Facebook Page:

<https://www.facebook.com/OMPH.NL/>

Sat.	July	31	5:00 P.M.	St. Pat's: Parishioners from both parishes and their needs
Sun.	Aug.	1	9:00 A.M.	Joan Fortier by Rita Hogan
			11:00 A.M.	Special Intentions of Irene Mendes

Tues.	Aug.	3	11:00 A.M.	For the ending of of the COVID-19 pandemic, for the deceased and for those who are suffering and affected by the pandemic
Wed.	Aug.	4	11:00 A.M.	St. Pat's: Maria & Albert Chitaroni
Thurs.	Aug.	5	11:00 A.M.	Special Intentions of Anita by a Parishioner
Fri.	Aug.	6	11:00 A.M.	Fran & Jack Wright by Sam Cecconi

NINETEENTH SUNDAY OF ORDINARY TIME

Sunday 11AM Mass will be live-streamed on our Facebook Page:

<https://www.facebook.com/OMPH.NL/>

Sat.	Aug.	7	5:00 P.M.	St. Pat's: Parishioners from both parishes and their needs
Sun.	Aug.	8	9:00 A.M.	Robert Dodge by Colleen Dodge
			11:00 A.M.	Alphonse Belanger by Mike & Nancy Corbin

MISSION STATEMENTS

Our Mother of Perpetual Help Parish is a welcoming, vibrant, faith-filled community dedicated to living and communicating the message of the gospel by providing opportunities for spiritual growth, developing committed leaders, and reaching out to others with God's love.

St. Patrick's Parish is a welcoming Christian community reaching out to all who seek God. We joyfully live, renew and share our Catholic faith through worship, prayer and service, especially to those in need.

ADORATION OF THE BLESSED SACRAMENT will take place on **Friday, July 30th from 11:30 A.M. until 12:30 P.M.** If you can commit to the full hour, please sign-up at the back of the Church.

HOW TO MAKE A SPIRITUAL COMMUNION: 1) Make the Sign of the Cross, 2) recite the Creed, 3) recite the Our Father, 4) recite 3 Hail Mary, and 4) say the prayer of St. Alphonsus Liguori and 5) recite 3 Glory Be.

Prayer of St. Alphonsus Liguori: My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

PRAYER FOR THE FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY (SUNDAY, JULY 25TH):

I thank You, Lord,
for the comfort of Your presence:
even in times of loneliness,
You are my hope and my confidence,
You have been my rock and my fortress since my youth!

I thank You for having given me a family
and for having blessed me with a long life.
I thank You for moments of joy and difficulty,
for the dreams that have already come true in my life and for
those that are still ahead of me.
I thank You for this time of renewed fruitfulness to which You
call me.

Increase, O Lord, my faith,
make me a channel of your peace,
teach me to embrace those who suffer more than me,
to never stop dreaming
and to tell of your wonders to new generations.

Protect and guide Pope Francis and the Church,
that the light of the Gospel might reach the ends of the earth.
Send Your Spirit, O Lord, to renew the world,
that the storm of the pandemic might be calmed,
the poor consoled and wars ended.

Sustain me in weakness
and help me to live life to the full
in each moment that You give me,
in the certainty that you are with me every day,
even until the end of the age.

July 25, 2021

Written by
THE
FAITHFUL
DISCIPLE

Seventeenth Sunday in Ordinary Time

2 Kgs 4:42-44 | Eph 4:1-6 | Jn 6:1-15

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

I once saw Tony Melendez, a musician born without arms, play his guitar for the pope - with his feet - and I knew I had witnessed something exceptional, something extraordinary. We may be feeling the same way about some of the Olympic performances taking place right now. But however amazed Tony Melendez or an Olympic medal performance might make us feel, it is hard to imagine what it must have been like to experience Jesus taking a few barley loaves and fish, blessing them, and somehow feeding more than 5,000 people. How Great Thou Art, indeed! Participating in this miracle was life-changing for those who realized what Jesus had done. They were convinced, on the spot, that Jesus was a prophet, and were ready to carry him away as a king. But Jesus did not come to be an earthly king, he came to give his life for us, that we might have life with him in abundance.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

One boy gives up his lunch and Jesus feeds thousands - and there were *twelve wicker baskets with fragments* left over! Think of how God can multiply *our* gifts. Perhaps there are times we fail to share what we have, thinking it is too small to make a difference; thinking that what we bring to feed others can't possibly be worth anything. Sure, what usually happens with us isn't on a scale like today's Gospel passage, and our offering may not be "Olympic" in nature. But in sharing our gifts as Jesus calls us to - to love our neighbor and to do "small things with great love" as St. Teresa of Calcutta is purported to have said - there is no such thing as a gift or talent too small. Ask the Holy Spirit for fortitude as you strive to share your gifts.

ACTION Perhaps it's time to contact someone who has been on your mind lately. A seemingly small gesture of concern may be just the support they need right now. With the help of the Holy Spirit, perhaps you may be a source of affirmation for them, providing a catalyst that helps them discern their path more clearly.

"DO SMALL
THINGS
WITH

great love"